

**Lift Up Your Heart and Rejoice**  
**Single Adult 31-45 Retreat**  
**August 5-7, 2011**  
**Corvallis, Oregon**

**Friday**

**5:00** Registration and Dorm Check-In at the Corvallis Stake Center (4141 NW Harrison, Corvallis) (Check the website the week before the Retreat to learn more about how to check into the dorms and register for the retreat.)

**6:30** Meet and Mingle with Appetizers

**7:30** Dinner

**9:00 -12:30** Dance - Featuring DJ "Doc Titus - The Party Doctor" A game room will also be available for those not so fond of dancing.

**Saturday**

**7:00** Meet at the Corvallis Stake Center (4141 NW Harrison, Corvallis) for an early morning hike with a view. For the less ambitious hikers/walkers there is a paved relatively flat trail in addition to the hike with a view.

**8:30** Registration and Dorm Check-In (Check the website the week before the Retreat to learn more about how to check into the dorms and register for the retreat.)

**9:00** Breakfast

**10:00 - 12:00** Service Project

**10:00 - 12:00** Workshops

- Comedy Improv Duo - limited seating - first 40 to sign up at the Retreat will be able to attend
- Dr. Mark and Alice Rampton "Finding Joy in Service"
- Brother Duane Grasse "Preserving, Uplifting and Sustaining the Constitution"
- Sister Becky Clawson "Trust and Healing of the Atonement"

**12:00** Keynote Speaker

**1:00** Lunch

**2:00 - 5:00** Afternoon Activities

- Golf Tournament - Scramble (Best Ball) Style - While serious golfers are certainly welcome, this tournament will also be fun for the not-so-serious golfers! Wait until you read the tournament rules! Join a team of four and have fun walking and playing nine holes - prizes will be awarded - if you need to rent clubs, you can at the course for \$10. Bring your own balls and tees.
- GPS Way Marking Hunt - find hidden treasures in Corvallis
- Indoor Rock Climbing
- Kayaking/Canoeing
- Aquatic Center
- Local Park - enjoy a relaxing afternoon chatting with friends, sitting in the shade or sun (hopefully), playing field games, etc.

**5:30** Dinner

**6:30** Corvallis Knights Baseball Game

The Corvallis Knights will play the Portland Ports. The Corvallis Knights are a summer wood bat baseball team for college eligible student-athletes, dedicated to accelerating prospect development, increasing player exposure and bettering its community. Check out their website <http://www.corvallisknights.com> for more information about the team.

**7:30** Corvallis Community Theater - Charlie's Aunt - Comedy

Charley's Aunt is a farce in 3 acts written by Brandon Thomas. It broke all historical attendance records for plays of any kind with an original London run of 1,466 performances. It has played almost continuously in London and other parts of the world since 1892. Jack and Charley, Oxford undergraduates, invite the women they love, Kitty and Amy to lunch in order to meet Charley's millionaire aunt from Brazil, but at the last moment Donna Lucia D'Alvadorez has to cancel, which leaves Jack and Charley in a fix since the luncheon had to be a chaperoned affair. Fancourt Babberly, another Oxford undergrad, who is a friend of Jack and Charley, shows up to show off a costume that he will be wearing in a school production. It happens to be a black satin dress of the sort worn by elderly ladies of the day. In a flash of brilliance Jack and Charley talk the reluctant Babbs into

impersonating Charley's rich aunt, so that the afternoon can proceed without raising the eyebrows of the girl's overly zealous guardian. Babbs begins to warm to the idea, and plays his part to the hilt. During the course of the afternoon he gains the confidence of Kitty and Amy, and is proposed to by their guardian and Jack's father. Words cannot describe the comedy, both visual and verbal; this show has to be experienced.

**9:30 - 11:30** Ice Cream Sundae Social at the Church - It's time to socialize with Baskin Robins Icecream. Bring your favorite game as a way to meet and spend time with others.

### **Sunday**

**9:00** Sacrament and Fast and Testimony Meeting with the Corvallis 2nd Ward

**11:00** Meet in Dorm Lobby to say goodbyes - no food served due to fast Sunday

### **Registration Information**

Make checks payable to Hillsboro Oregon Stake. Print and mail the registration form on the [Oregonsa.org](http://Oregonsa.org) website with payment to Kristine Parker (8214 SW Nimbus Avenue, Beaverton, OR 97008). Payment must be received by July 1, 2011 if you intend to use University Housing. Only limited spaces may be available after July 1st in University Housing.

Children are welcome on Saturday. No childcare will be provided. No children allowed in dorms.

Dorm Information: Additional fees will be charged to individuals for lost dorm keys (\$35), damages to the facilities, or missing linen. No minors and no firearms are allowed. Sex offenders are not allowed in university housing.